

Maroons Cheer Parent

Included in this packet you will find all of the necessary information for our cheer season. A non-refundable \$150 registration fee and all the forms in this packet must be filled out and turned in prior to or on our first mandatory practice tryouts date. Please be sure to read the forms thoroughly. Almost all communication is done via email so please give the best email address to reach you. Also we have a Facebook and an Instagram account for friends and family of past and present maroons where I post pictures and sometimes events/cancellations for those who are not good with email so please feel free to follow us at **Cheer Kisco** once your child has committed to the team. Once school starts practices will be held every Thursday and Friday 4pm-5:30pm. Be aware we do practice in the rain and rarely cancel practice. Please know we take cheer seriously and cheerleaders will have to do an abundance of drills and exercises. Cheerleaders must be at all practices in order to perform and stunt during games. Water is mandatory at all practices and encouraged during games as well. Games are for the most part on Sunday but sometimes (rarely) fall on a Saturday. We will be involved in Fox Lane High Schools Homecoming which falls on a Saturday date TBD. Cheerleaders will have time to learn all the cheers/skills needed to try out and then will have to go through the try out process. This year we can only have a max of 12 cheerleaders (including max 2 mascots must be in K-2). Please note that even if your child made the team last year that does not guarantee them a spot.

Maroons Cheer Parent Info

Non-refundable Registration \$150

What is included in your registration fee...

- 1 Uniform Shirt and Skirt (must be returned)
- 1 Cheer bag (must be returned)
- 1 white 1 maroon 1 pink pom pom (must be returned)
- 1 Poncho (must be returned)
- 1 Hair bow (yours to keep)
- 1 pair of socks (yours to keep)
- 1 Jacket (yours to keep)

What you will need to get on your own or order through Coach A...

- 1 pair Cheer shoes
- 1 long sleeved crew neck white shirt
- 1 maroon pair of under briefs (lollipops)

Optional things you may need

- Skin tone tights
- White or maroon snow gloves
- White, black or maroon earmuff head band

Where can I buy these items?

WALMART OR ORDER THROUGH COACH A

Your price:

Buy from Coach A:

Chasse' flip IV cheer shoes \$32.49

All Three \$38

White crew neck \$8.00

Maroon Lollipops \$6.44



Briefs Maroon

Average rating/Out of 5 stars, based on reviews

Current Price
\$6.44



Gildan Big Boys Seamless Crewneck
Long Sleeve T-Shirt, Style G5400B
\$7.41 - \$10.94



Chasse Flip IV Cheerleading Shoes

Average rating/Out of 5 stars, based on reviews

Current Price
\$32.49



ChloeNoel
ChloeNoel
Footed Ice Skating Tights 3330 Medium
Tan

Average rating/Out of 5 stars, based on reviews

Current Price
\$10.99 - \$14.99

Mandatory Items Order Form

Parents,

Please note that whether you would like to order all the items or purchase them on your own you must fill out the form below in order to keep a record.

Thank you,

Maroons cheer coaches

Please choose one of the options below.

Child's Name: _____

I would like you to order _____

Shoes/shirt/briefs. She/he wears a size _____ in shoes a size _____

in shirts, and a size _____ in briefs. I have enclosed the \$38 in cash for purchase.

Or

I will order my child's shoes/ shirt/ briefs. I understand they must have all mandatory items listed below by our first game.

1 pair Cheer shoes

1 long sleeved crew neck white shirt

1 maroon pair of under briefs (lollipops)

Mount Kisco Maroons Cheerleading Registration Form

Please complete and submit with a registration fee of \$150.00 per child.
Registration form and fee **MUST** be submitted by the first official practice no
forms or fees will be accepted late.

Name: _____
(Last) (First) (MI)

Address: _____
(Street) (City & State) (Zip)

Phone: _____ Email: _____ Birth Date: _____

Mother's Name: _____ Cell Phone: _____

Father's Name: _____ Cell Phone: _____

I, the parent/guardian of the registrant, a minor, agree that the registrant and I will abide by the rules of the Mount Kisco Junior Football League and all affiliated organizations and sponsors. Recognizing the possibility of physical injury associated with cheerleading, I hereby release, discharge and/or otherwise indemnify Mount Kisco Junior Football League, its affiliated organizations and sponsors, their employees and associated personnel, including the owners of fields and facilities utilized for the Program against any claim by or on behalf of the registrant as a result of the registrant's participation in the Programs and/or being transported to or from the same, which transportation I hereby authorize.

Parent/Legal Guardian Name (print): _____

Parent/Legal Guardian Signature: _____ Date: _____

Cheerleader Name (print): _____

Cheerleader Signature: _____ Date: _____

Send Check Payable to Mount Kisco Junior Football League

Office Use: Fee: _____ Cash: _____ Check #: _____ Signature: _____

MAROONS PHOTOGRAPHY RELEASE FORM

I hereby authorize Mount Kisco Maroons Football League, hereafter referred to as "MKM," to publish photographs taken of my child on during the 20____ cheer/football season, and my name, for use in the MKM's print, online and video-based materials, as well as other Company publications.

I hereby release and hold harmless MKM from any reasonable expectation of privacy or confidentiality associated with the images specified above.

I further acknowledge that my participation is voluntary and that I will not receive financial compensation of any type associated with the taking or publication of these photographs or participation in company materials or other Company publications. I acknowledge and agree that publication of said photos confers no rights of ownership or royalties whatsoever.

I hereby release MKM, its coaches, and any third parties involved in the creation or publication of materials, from liability for any claims by me or any third party in connection with my participation.

Authorization

Parent's/Guardian's Printed Name: _____

Parent's/Guadian's Signature: _____

Date: _____

Child's Name: _____

Or

I **DO NOT** authorized the use of my child's photo or name in any publications.

Parent's/Guardian's Printed Name: _____

Parent's/Guadian's Signature: _____

Date: _____

Child's Name: _____

MT. KISCO MAROONS JR. FOOTBALL LEAGUE CHEERLEADING MEDICAL RELEASE FORM

Child's Name: _____
(Last) (First) (MI)

Address: _____
(Street) (City, State) (Zip Code)

Phone: _____ Age: _____ Birth Date: ____/____/____

Parent's Name: _____ Work #: _____

Guardian's Name: _____ Work #: _____

IN CASE OF EMERGENCY CONTACT:

Name: _____ Phone #: _____

Relationship to Player: _____

List any allergies/ medical problems: _____

Medicines child is taking (if any): _____

Child's Doctor: _____ Phone #: _____

Parent's Doctor: _____ Phone #: _____

Insurance Company: _____ ID #: _____

I authorize an adult of the Mt. Kisco Maroons who resides in the State of New York to consent to any x-ray, examination, anesthetic, medical or surgical diagnosis or treatment, and hospital care to be rendered to the above named minor under the general or special supervision and on the advice of any physician or surgeon licensed to practice in the Continental United States, when the need for such treatment is immediate, and when efforts to contact me (us) are unsuccessful.

Parent's/Guadian's Signature: _____ Date: _____

Parent's/Guadian's Signature: _____ Date: _____

Maroons cheer code of conduct

1. **No jewelry** (including body jewelry) during practice and games. No long and/or fake fingernails or nail polish anytime, no exceptions.
2. If cell phones are brought to practice, they must to be placed in the cheerleader's bag or in the provided basket. They will not be used, unless permission has been given by the coach.
3. Any valuables should be left at home. **The Maroons are not responsible for any lost or stolen items.**
4. Hair must be secured up and **completely out of the face** during practice and games
5. **Punctuality is required for every practice and game.** Please always be on time and prepared.
6. **Profanity or abusive language is not permitted by any cheerleader, at any time.** Always respect fellow cheerleaders and coaches.
7. **Never** post any negative comments on any website or chat rooms (i.e. Facebook, Twitter, etc.).
8. **NO GOSSIP!!** No gossip about team members; No gossip about other teams; No gossip about coaches or board members...Leave the drama at the front gate.
9. Practice days may be changed or additional practices may be added during the season.
10. Parents, cheerleaders, and coaches **MUST** represent themselves and the Maroons organization in an appropriate manner. **There is a zero tolerance policy in effect towards fighting, alcohol, drugs, and any other activities that are unfavorable to our program.**
11. It is the parent/guardian's responsibility to know what is going on with your child's squad. **Please check your emails regularly.**
12. **All practices are mandatory for all cheerleaders.** (With the exception of emergencies, contagious illness, or an approved school function.)
13. Homework and doctor appointments are not an acceptable excuse for missing practice. Withholding a child from a practice should never be used as a form of punishment. **If your child is missing practice, it affects the entire squad.**
14. **Approaching a coach in the middle of practice or games is not an appropriate time to discuss any matters.**
15. **Stunting** for Sideline Cheer is a privilege that is earned after learning a series of progressions for technique and expertise. Although it looks fun and everyone feels like they can try to do it all, it can be dangerous and must be taken very seriously to prevent injury. Again, it can be and is dangerous if not done correctly! **If Coach A is not present it is FORBIDDEN unless the stunts are in the halftime dance and have been approved by Coach A!**
16. Uniforms should **NEVER** be washed only dry cleaned as they shrink. We understand there is a \$50 fee for any damage to uniforms.
17. We understand that if my child/ I do not follow these rules cheerleaders can and will be disinvented from the team with no refund.

Parent/Guardian Signature: _____

Cheerleader Signature: _____

Please feel free to email any concerns or contact the coach and/or cheer director before or after practice.

Maroons cheer code of conduct

Parent/Guardian

I will encourage good sportsmanship by demonstrating positive support for all cheerleaders and coaches at every game and practice. I will insist that my child play in a safe and healthy environment. I will support the coach(es) working with my child in order to encourage a positive and enjoyable experience for all. I will be responsible for transporting my child to and from all cheer events and respecting the coach by arriving at the appointed time and picking my child up at the end of a scheduled event. I will remember that this activity is for the youth and not for the adults. I will do my best to make MKM Cheerleading enjoyable for my child. I will ask for my child to treat other cheerleaders and coaches with respect. I promise to help my child enjoy the youth sports experience by doing whatever I can such as being a respectful fan, assisting with coaches, or providing transportation. I will require that my child's coach be trained in the responsibilities of being a youth cheer coach and that the coach upholds the Coaches' Code of conduct.

Signature _____

Coach

I will be responsible for seeing that my assistant coach(es) and cheerleaders conduct themselves in a respectful manner. I will teach the cheerleaders on my squad the rules and fundamentals of cheer. I will treat each cheerleader equally and will stress the fact that cheerleading is a team sport. I will make sure each cheerleader understands the importance of safety when cheering and stunting and will ensure all proper steps are taken to provide the safest environment for my cheer squad. I will communicate with the parents and the cheerleaders any discipline needs in order to maintain an enjoyable experience for all members of my squad. I will make every attempt to make this experience the most enjoyable for each child. I will always ask myself "What is best for the child/team?" when a decision is to be made.

Signature _____

Cheerleader

I will encourage good sportsmanship from fellow players, coaches, officials, and parents at every game and practice by demonstrating good sportsmanship myself. I will attend every practice and game that I can and will notify my coach if I cannot. I will expect to receive a fair and equal amount of playing time. I will do my very best to listen and to learn from my coaches. I will treat my coaches, other players, officials, and fans with respect regardless of race, sex, creed, or ability and will expect to be treated accordingly. I deserve to play in an environment that is free from drugs, alcohol, and tobacco, and I expect adults to refrain from their use at all youth sports events. I will encourage my parents to be involved with my team in some capacity because it is important to me. I will remember that sports are an opportunity to learn and to have fun.

Signature _____